

Psalm 46:1- 11 - Christ the Victor**Filled with fear?****1) Unpacking Psalm 46****Stanza 1 (v 1-3)**

“God is our refuge and strength, our ever present help in times of trouble.”

... how the Psalmist felt in psalm 44:23, “why does God sleep”?

... BUT because God is his refuge... he does not fear.

Stanza 2 (v 4-7)

... why refuge in God will remove fear in the face the chaos.

... the place where the Most High dwells.

Still chaos ... nations in uproar.

YHWH (LORD) is the one we find refuge in

... the God of Jacob

... because YHWH has promised to protect, because YHWH’s love is steadfast, because YHWH is faithful.

verse 7 “YHWH almighty is with us, the God of Jacob our fortress”.

Stanza 3 (v 8-11)

YHWH, the stanza starts with his name and ends with his name

Psalm 46:10. “Be still and know that I am God”.

= a very strong rebuke.

... YHWH is the one who will be exalted among the nations and over all the earth.

Repeated phrase... “YHWH almighty is with us, the God of Jacob is our fortress”.

2) Psalm 46 in light of Jesus

... Psalm 46 is not quoted in the NT at all

... the comfort and commands of Psalm 46 remain the same even though Jesus has come.

a. Living in a chaotic world

... to train our hearts and minds, to find refuge in YHWH when chaos impacts our world.

Qu: Before (the next) chaos hits, how are you training your heart to find refuge in Jesus in the midst of a broken chaotic world?

b. A Confident hope in YHWH

Do you believe that God is 100% trustworthy, that he always keeps his promises.

c. Come and see – God is judge

v 8 - “come and see the things YHWH has done”.

One day, God will hold everyone and everything to account

d. Be still and know

Stop what you are doing and all the things you are worrying about and remember who is the sovereign Lord of all.

Discuss ... “How can we get better at trusting God in the chaos of life?”