

## **Psalm 16**

### **THE REQUEST (v.1)**

### **MEDITATES ON GOD**

**Everything good is from God (v.2-4)**

**The sufficiency of God (v.5-6)**

**Praise God who guides me and keeps me safe (v.7)**

**Joy in God now knowing my eternal future (v.8)**

### **HOW DOES MEDITATING ON GOD HELP US IN TROUBLE**

**David reflects on the character of God to shape his approach to trouble.**

**HOW DO YOU GO DOING THAT?**

**David reminds himself of his security in God?**

**HOW DO YOU GO DOING THAT?**

**David finds joy in hard times because of eternity?**

**HOW DO YOU GO DOING THAT?**