

The God who protects

1. What Ps 131 says about God



2. How Ps 131 points us to Jesus

Mt 11:27-30 ²⁷ *All things have been committed to me by my Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal him.* ²⁸ *"Come to me, all you who are weary and burdened, and I will give you rest.* ²⁹ *Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.* ³⁰ *For my yoke is easy and my burden is light."*

3. What Ps 131 asks of us today

1 Pet 5:6 Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. 7 Cast all your anxiety on him because he cares for you.