

Contentment and lasting Happiness**What do you need to be content in life?**

show pictures

“Contentment is satisfaction or happiness to the full extent of one’s desires. (Oxford)

- ‘give us our daily bread’

Neither poverty nor riches

Proverbs 30:7-9 - *“Two things I ask of you, O LORD; do not refuse me before I die: Keep falsehood and lies far from me; give me neither poverty nor riches, but give me only my daily bread. ⁹ Otherwise, I may have too much and disown you and say, ‘Who is the LORD?’ Or I may become poor and steal, and so dishonour the name of my God.*

... poverty is not good

... riches are not good

How much money is too much?

- Mat 6:24, “you cannot serve both God and money”
- 1Timothy 6:8 it says, “if we have food and clothing, we will be content with that”

Contentment and Happiness in Philippians

Phil 4:10-13. - ¹⁰*I rejoice greatly in the Lord that at last you have renewed your concern for me. Indeed, you have been concerned, but you had no opportunity to show it. ¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do everything through him who gives me strength.*

Phil 4:19, *“And my God will meet all your needs according to his glorious riches in Christ Jesus.”*

Contentment is a spiritual state.

Reflect on where do you find ultimate contentment in life?

Contentment and lasting happiness in 1 Timothy

1 Tim 6:6, “Godliness with contentment is great gain.”

Question: Do you find your contentment and lasting happiness in this life in Jesus and the glorious riches he lavishes upon you as his children?

Or are you looking for contentment and lasting happiness in something or someone who can never deliver?

MINIZINE – The secret of contentment